**Speech on Sports**

A very good morning to the excellencies, Principal sir, teachers and my dear colleagues. As we all know that we are here to celebrate this occasion, I would like to speech on sports. Sports is good for all of us in daily life as it involves us in common physical activities under healthy environment. The environment of sports becomes very competitive and challenging for the sportsmen so they focus on the challenges put in front. Physical beauty of the person involves in making the humanity of him. There are variety of sports played accordingly by the people in various countries. National or international level sports competitions takes place in any country for any sports. Revolution comes in the sports field time to time and replaced by ashtanga or other forms of yoga. Playing sports help us in many ways all through the life.



Variety of sports activities bring a lot of positive opportunities for us. There are various problems also occur however they do not matter. Participating in the sports activities enhance children’s school accomplishments. Sports are the way to big achievement in the children’s life however depends on their active involvement and experiences they already have. Getting interested in any of the sport gives a worldwide identification and life long achievement. Facing challenges of sports teaches us to tackle with other challenges of the life as well as survive in a competitive society.

Some of the sportsmen become interested in the sports and games from their childhood, some from birth as God gift however some of them create interest to the particular game or sports in order to go in that area and earn name and fame. Some of us need inspiration and motivation from our parents, teachers or famous sportsperson however some of us have God gifted inspiration. Athletes having interest in the sports, play sports with their best effort even when they defeat or lose. They already know the fact that they will win some game whereas lose some. They become very disciplined all through the life in order to get success and be ready on time. They do regular practice with full commitment towards their sports.

Thank You

**Sports Speech 2**

Good morning to the Principal sir, teachers and my dear friends. I would like to speech on the sports and games at this occasion. I am very thankful to my class teacher to give me such a great opportunity to speech here and believe in me. My dear friends, both games and sports are very important for all of us because they keep us strong, healthy and fit. It is the area which can give us a change from the same daily life. Everyone like sports because it is the useful means of entertainment as well as way to physical activity. Both are character building in nature and gives huge level body energy and strength.

If one has involved in the sports and games activity, he/she has good mental and physical growth and development. It let us learn many necessary things in the life. It helps us in developing our personality, confidence level and maintain physical and mental balance.

Being interested in the sports and games activities make us learn about how to tackle with the difficult situations in the life and keeps body relax and mind free of tension. It develops the habit of working in team by developing the sense of friendliness among team members. It makes a person with the mental and physical toughness by shaping he body and mind and removing tiredness and lethargy. It improves blood circulation all through the body thus improves the physical and mental well-being of the person.

Sports and games are activities which makes a person more capable with high level efficiency. It removes the mental exhaustion and makes us capable to do any hard work. In the modern education system, the sports has been made an integral part of the education to make education interesting, tension free and enjoyable. Education is considered as incomplete without sports because education with sports activities draws more attention of the children towards study.

Sports activities are very necessary for all especially children and youths as it stimulates the physical and mental growth. It improves memory level, concentration level and learning capacity of the children. A small child can be a famous national or international level player if he/she practice sports from his/her childhood. Children should participate in all the sports competition held in their schools and colleges to remove their hesitation and go ahead. Sports and games have nice career in the future for the good sportsman. It gives us opportunity to grow in the life and earn money, name and fame. Now-a-days, sports facilities are being developed in almost all the schools and colleges in both rural and urban areas so the students having interest in the sports and games activities can get better path to go ahead.

Thank You

**Sports Speech 3**

I would like to say a very good morning to the respected teachers and my dear friends. As we know, we are gathered here to celebrate this occasion, I would like to speech on the importance of sports and games in our life. I am very grateful to my class teacher to offer me some time to speech here. Being children a most common question generally arises in our mind that why some people choose sports career and how they get success without study properly. From where they get inspired to go into the sports career. I think, some of them are interested in the sports from birth, some are inspired by the parents and teachers and some are by the famous sports-persons. Whatever the reason behind is, if one is interested in the sports, he/she would surely be successful in the future.

Sports loving people do regular practice of the sports with proper discipline on daily basis. Most of the people never realizes benefits and importance of the sports and games. However, some people become very conscious about their health and fitness who want to be fit, attractive and always look smart. Sports can be very beneficial for us for us in the life as it makes our career together with the health and fitness including other many benefits. Earlier, people were not so interested in the sports activities and getting health and fitness. However, now-a-days, everyone wants to be famous, healthy, fit and active especially in the sports field. The scope of this field have been very vast because everyone understands its importance and benefits in the life. People know that sports have better career, name, fame and money than other field.

Sports and games are activities which keep us physically busy and fit unknowingly. Imagine that if a car do not get proper servicing or regular use, may be get rust and useless. In the same sense, if we do not involve in the physical activities our body may become useless and deceased after some years which is the main reason of unhealthy and painful life. Our boy is similar to the car engine, both can be fit on regular use and healthy diet. Sports activities keep our body’s blood pressure, circulation and other physiological functions active and balanced. According to the research, it is found that people who do not involved in any type of physical activities in their life are struggling with many problems in the middle age like high blood pressure, stress, tension, depression, tiredness, fatigue, etc.

Some people do not play sports and games however very much interested in seeing the sports activities on TV such as cricket, hockey, football, volleyball, etc. It gives them pleasure and happiness when their favorite sportsperson win. Now-a-days, sports-persons are in high demand in the market because they have great business value at national and international level. We should involve in our life in any sport activity, not only to make a career, but to be healthy and fit.

Thank You

**Sports Speech 4**

My name is…., I study in class….. I would like to say a very good morning to all. My dear friends, today we have gathered here to celebrate this occasion and I would like to speech on the; what sports do in our life. As we all know that sports and games benefits us in many ways however we do not get full benefits of them. Sports help us to achieve many things in life such as health, fitness, peace, money, name, fame, etc. It provides a lot of opportunities in our life however need full dedication, commitment and regular practice. They also cause some problems if we practice in wrong way however source of happiness and peace. According to the survey of many parents, it is found in their statement that sports participation enhances children school accomplishments.

Sports are not limited to the specific areas of life, it blesses a person with lifelong achievement. It is found that children who partici­pate in the challenging sports contests also love the classroom challenges and can function in the competitive society. Regular participation in the sports teaches children to play the game of school and life. They know well how to win the losing game (means going out of hand). Sports-persons become very disciplined and confident in their whole life and never become hopeless from the hard life struggles. They easily develop morals, necessary skills and art of living.

In such a technological world, the competition is increasing regularly in the society which needs more effort from the children and youths to go ahead. In such case, sports and games play creative roles in developing a peaceful mind and highly skilled mind which is very necessary to survive in competitive field. Anybody who is interested in the sports activities never give up or quit from any game of the life. Participating in the sports and games teaches to be a team player to them who have attitude to always be the center of attention. Sports and games are confidence building activities also gives lots of fun to the children. It brings the sense of improvement, accomplishment and feeling of personal progress.

It gives national as well as worldwide fame to the sports-persons.

Now-a-days, girls are also participating in the sports and games activities to the same extent as boys on their own will without hesitation from the family or society. Sports are career builder activities builds better and bright career. Children of the modern time are getting very interested in the variety of sports and games as they get motivated from the sports TV shows or cartoon networks in their early age.

Thank You

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An Entrepreneur (Director, White Planet Technologies Pvt. Ltd.). Masters in Computer Application and Business Administration. A passionate writer, writing content for many years and regularly writing for Indiacelebrating.com and other Popular web portals. Always believe in hard work, where I am today is just because of Hard Work and Passion to My work. I enjoy being busy all the time and respect a person who is disciplined and have respect for others.

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